



Welcome to Volunteering at Ray of Sunshine Equestrian Therapy

Thank you for your interest in becoming a volunteer at Ray of Sunshine Equestrian Therapy. As a volunteer you are an important part of our program. You will be helping our students receive therapy on horseback and also to have a lot of fun.

Below we have listed guidelines for you to follow and know about when you are volunteering. For those wanting more information about horses, cancer and or cancer treatments or we encourage you to ask questions while you participate. Your commitment is vital to the success of the program and we greatly appreciate your contribution.

Requirements of a Volunteer:

Must be 12 years or older

1. BE PUNCTUAL AND RESPONSIBLE * CALL IF YOU ANTICIPATE LATENESS OR ABSENCE*

We appreciate your time and work while you are here; our lessons are dependent on YOU! Please be on time and ready to work, unless you have called or emailed to let us know you will be late/absent.

2. BE FLEXIBLE

Please be flexible when working at Ray of Sunshine, you may encounter a variety of situations so please be understanding. We have a working ranch, so volunteers are expected to do a variety of chores, from helping in lessons, to cleaning horse pens and water troughs. We all work till the work is done!

3. BE APPROPRIATE

Please treat everybody at with kindness and respect. Never give a client or other volunteers a ride in a personal vehicle unless the person is authorized for transport.

Never tolerate verbal/physical exchange that is or may be perceived as sexual in nature anywhere on the premises.

4. ASK FOR HELP WHEN IN DOUBT

When volunteering with Ray of Sunshine, there is a lot to remember. If you need help, please ask; this is the best way to do things safely and correctly.

5. RESPECT THE PRIVACY OF ALL CLIENTS

Important Information

Ray of Sunshine Phone Number: 760-484-1596

Ray of Sunshine Address: 2333 N. Twin Oaks Valley Rd San Marcos, CA 92069

What to Bring and Wear:

Sturdy, comfortable CLOSED TOED shoes for safety and protection.

Please wear clothes that are appropriate (i.e. shirts that cover the shoulders and jeans. No mid-drifts). Any valuables need to be left in your car or at home, we are not responsible for lost or stolen items.

Please bring water and sunscreen.

Volunteering Facts:

Volunteer Orientations are held monthly on the first Saturday of the month. You can also schedule an orientation by request during the week by either calling 460-484-1596

Please keep track of your hours so you can use them for school, court, or extra-curricular requirements.

You must be at least 12 years old to volunteer.

Volunteer Routine

When you first arrive at Ray of Sunshine for your volunteering shift there are some things you need to do:

- 1) Sign In!!! This is the way we keep track of your hours for our training milestones and for school or work.
- 2) Put on your name tag.
- 3) Check Lesson Board (and instructors) for your lesson assignment or for any volunteer jobs.
- 4) Get started!!!
- 5) At the end of the day please log out and put back your name tag.

Volunteer Duties

First Day:

-You will have an orientation with our Volunteer Coordinator, or Ray of Sunshine staff. You will be learning about our Tack Room, Lesson Board, grooming etc. You must be with another volunteer or instructor at all times until you have completed a group training session.

2nd Time-50 Hours:

-You will be getting comfortable with haltering, leading, grooming, and tacking up horses in preparation for lessons.

At a head instructor's discretion -You will be eligible to lead a horse in lessons. This is based on your comfort/ skill level when leading a horse outside of a lesson. It is also important that you act as a helper/model for new volunteers!

Ray of Sunshine Gear

We really do appreciate each and every one of our volunteers. Without you our therapy with horses would not be as successful. To show our appreciation you will receive some Ray of Sunshine Gear after you have completed the required number of volunteer hours. *Please remind us when you get enough hours*

30 Hours – Ray of Sunshine T-Shirt. Please wear it when you come to volunteer.

90 Hours – Ray of Sunshine Hat or visor.

120 Hours – Ray of Sunshine Sweatshirt.

Hanson Quarter Horses

4571 S. Mission
Fallbrook, CA 92028



HOLD HARMLESS RELEASE

THIS RELEASE CONTAINS IMPORTANT LIMITATIONS OF YOUR LEGAL RIGHTS. READ AND UNDERSTAND BEFORE SIGNING. IF YOU HAVE ANY QUESTIONS, ASK FOR AN EXPLANATION.

I acknowledge that competitive and pleasure horse riding contains inherent risks of injury and damage to me personally, to my horse, and to my equipment. Knowing these facts, I nevertheless, in consideration to your acceptance of this form, hereby, for myself, my heirs, my guests, and administrators, waive, release, and discharge and hold harmless HANSON QUARTER HORSES, Cathy Hanson, Cherie Vonada and all persons and organizations in any way connected with the events, property, boarding, training, lessons, transporting or any other activity described herein, their representatives, heirs, executors, administrators and assignees from any and all right, claim or liability for damages or for any and all claims of any kind or nature that I might have as a result of, or arising out of my participation, caused by my own act or the acts of anyone or any animal within my control or the control of HANSON QUARTER HORSES, Cathy Hanson, Cherie Vonada and all other persons and organizations connected in anyway. I further agree that I will defend, indemnify and hold harmless HANSON QUARTER HORSES, Cathy Hanson, Cherie Vonada, their agents, employees and all others connected against all claims, demands and causes of action including court costs and attorney's fees directly or indirectly arising from any action or other proceeding brought by or prosecuted for my benefit contrary to this release extended to all claims of every kind and nature whatsoever whether known or unknown and expressly waive any benefits I may have under Section 1542 of the California Civic Code.

I DO ACKNOWLEDGE I HAVE READ THE FORGOING PARAGRAPH AND KNOW AND UNDERSTAND THE CONTENT THEREOF.

Signature

Printed Name

Home Phone

Cell Phone

Emergency Contact Name

Emergency Contact Phone Number

I declare that the foregoing is true and correct.

Executed this _____ day of _____, 20_____



Volunteer Information and Release Form

Name: _____

Birth Date: _____

Name of Parents or Guardians (if minor):

Address:

City: _____ State: _____

Zip Code: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Email Address:

Emergency Contact: _____

Phone: _____

Would you like to be added to our mailing list? ____ Yes ____ No

Volunteering Commitment: 3 Months _____ 6 Months _____ 1 Year _____

Do you have any physical limitations? _____

If so please specify: _____

Do you have any horse experience?

Do you have any experience with people with cancer? _____

I agree and understand that all volunteering with horses and any other activities engaged in with Ray of Sunshine is solely at my own risk, and that Ray of Sunshine is not liable for any injury which may occur to me while engaged in these activities, whether bodily injury or otherwise. I understand that working with horses is a risk and may result in injury. I also give my permission to Ray of Sunshine to provide me with any emergency medical care and to call medical personnel if necessary. I further agree to release Ray of Sunshine, its agents and employees, from any and all liability for any injuries I may sustain while volunteering or engaging in any other activity. The undersigned hereby grants Ray of Sunshine Equestrian Therapy permission to take or have taken still or moving photographs of _____

The undersigned also authorizes Ray of Sunshine to use such photographs in its advertising, news media, brochures, pamphlets, and instructional material. And I further agree to indemnify and hold Ray of Sunshine harmless as to all claims, actions, damages, costs and expenses, arising therefrom.

Signature of Volunteer : _____

Date: _____

Signature of Guardian : _____

Date: _____